SHORT MICHIGAN ALCOHOL SCREENING TEST (SMAST)

NAME: _____ Date: _____

The following questions concern information about your involvement with alcohol during the past 12 months. Carefully read each countyment and decide if your answer is "YES" or "NO". Then, check the appropriate box beside the question.

Please answer every question. If you have difficulty with a countyment, then choose the response that is mostly right.

These questions refer to the past 12 months only.	**YES**	**NO**
1. Do you feel that you are a normal drinker? (by normal we mean do you drink less than or as much as most other people.).....		
2. Does your wife, husband, a parent, or other near relative ever worry or complain about your drinking?.....		
3. Do you ever feel guilty about your drinking?.....		
4. Do friends or relatives think you are a normal drinker?.....		
5. Are you able to stop drinking when you want to?.....		
6. Have you ever attended a meeting of Alcoholics Anonymous (AA)?.....		
7. Has your drinking ever created problems between you and your wife, husband, a parent or other near relative?.....		
8. Have you ever gotten into trouble at work because of your drinking?.....		
9. Have you ever neglected your obligations, your family, or your work for two or more days in a row because you were drinking?.....		
10. Have you ever gone to anyone for help about your drinking?.....		
11. Have you ever been in a hospital because of drinking?.....		
12. Have you ever been arrested for drunken driving, driving while intoxicated, or driving under the influence of alcoholic beverages?.....		
13. Have you ever been arrested, even for a few hours, because of other drunken behaviors?.....		
*** SMAST Score**.....		

** See scoring instructions for correct scoring procedures.*